



LUNCH

a seasonal menu of sharing plates.

between two guests, we recommend ordering 3-4 dishes.

serving 12-4pm, last orders at 3:40pm.

please kindly note a 10% service charge will be added to the final bill.

story

food

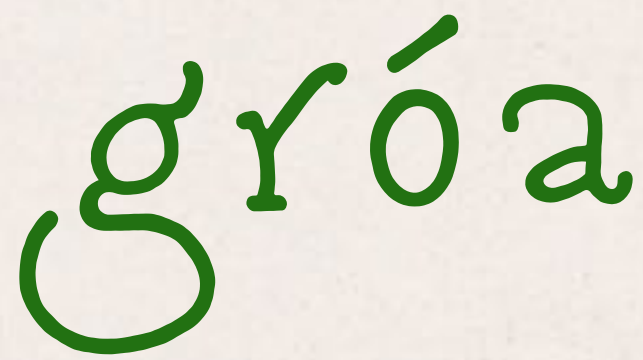
dairy-free bakery

drinks

wines

cocktails and beers

kids



we're unbounded by cuisine,
but inspired by the freshness along the
mediterranean shores, and the umami flavours
and fermentation culture of japan.

our energy is all about having a good time.
here it means being with family and friends,
enjoying sharing plates of fresh comfort food,
and sipping lo-fi wines as soon as they arrive
on your table.

if you have any allergens or dietary requirements,
please let us know upon ordering.

thank you for visiting -
slow down and enjoy.

V	vegan
VG	vegetarian
N	contains nuts
GF	gluten-free

by nüte

gróa

story

food

4-6

dairy-free bakery

drinks

wines

cocktails and beers

kids

snacks and crudos

pine nut hummus, sesame, vegetable sticks (v)	78
goat’s cheese, hot dragonfruit, hazelnuts, crisps (VG)	88
hokkaido scallop, elderflower, green apple, dill	148
cured mujoka mackerel, passionfruit, green chilli, tomato, ginger	188
dry-aged hamachi, blood orange, chimichurri, white soy	178

flatbreads

seasonal mushrooms, garlic, white wine, pecorino, zucchini (VG)	98
rayu chicken, xo “labneh”, nori gremolata, chilli, shallots	108
prosciutto, melon, feta, thyme	108
boquenores anchovy, bonito balsamic, negi shio, capers, gooseberry	108

grains and salads

hot tahini chickpea, rocket, avocado, beets, cherry tomatoes, walnuts, raisins (V)	158
charred lemon chicken, romaine, brown rice, ricotta, green beans, sweet corn, radish	178
ginger scallion salmon, brown rice, broccolini, jalapeño sauerkraut, cherry tomatoes	208

pasta and noodles

shiso ginger cold crab capellini, cashew, tsubozuke	188
creamy miso corn spaghetti, zucchini, parsnip crisp (V)	168
aglio e olio baby squid tagliolini, bottarga, anchovy	188
red wine nduja rigati, preserved sausage, ferm chilli, takanazuke, pecorino	178

add-ons

charred broccolini	42	herb chicken thigh	48
garden salad	32	olive oil flatbread	48
half avocado	28	steamed brown rice	32
hard-boiled ramen egg	18		

sweets

chocolate ganache, olive oil, almonds (V)	88
shokupan french toast, cinnamon, citrus (VG)	128
watermelon strawberry sorbet, mint crumble (V)	98
sourdough carrot cake, koji, apples, thyme (VG)	88

gróa

story

food

dairy-free bakery

8

drinks

wines

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rhubarb earl grey loaf (VG)	42
tahini miso banana bread (VG)	42
yuzu white chocolate cookie (V)	52



gróa

story

food

dairy-free bakery

drinks

10-12

wines

cocktails and beers

kids

water

still / sparkling (750ml)	52
filtered	free

coffee

gróa blend:
50% brazil, 40% ethiopia, 10% dominicana,
medium roast - *cacao, maple, stone fruits*

mylk options:
oat or soy

espresso	35
americano / long black	45
ethiopian cold brew	52
blackaccino	52
espressonic	58
macchiato / piccolo	45
cappuccino / flat white / latte / dirty	52
mocha	58
extra shot	5

non-coffee

unsweetened by default.
please request if you prefer extra sweetness.

cacao chocolate	58
matcha (w/ water or mylk)	58
black sesame	58

mocktails

shizuka meadow	78
<i>umeboshi, sencha yame, awasezu, cucumber</i>	
vesper sour	88
<i>cantaloupe melon, pickled pineapple, shiso</i>	
hinata spice	88
<i>lacto fermented mango, blood orange, grapefruit, yuzu koji</i>	

functional elixirs

build	78
<i>blueberry, peanut butter, banana, brown rice protein, maca, lime, oat milk</i>	
detox	78
<i>kale, kiwi, pineapple, apple, ginger, mint, spirulina, coconut water</i>	

energise78

passionfruit, mango, banana, coconut,
black pepper, turmeric

glow78

raspberry, blueberry, pink pitaya, banana,
lemon, goji berry, flaxseed, coconut water

anti-inflammatory68

orange, turmeric, ginger, lemon, coconut water

digestive tonic68

beetroot, watermelon, activated charcoal,
coconut water

botanical tea sodas

orange hibiscus rose58

wampee lemonade (seasonal)62

seasonal teas

english breakfast	48	jasmine green	48
earl grey	48	citrus camomile	52
moroccan mint	48	manuka lemon honey	58
yame genmaicha	48		

gróa

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food

dairy-free bakery

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wines

14-19

cocktails and beers

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our wine list is a collection from small-batch producers producing minimal intervention wines around the world.

they tend to be less-known gems
- many are by the glass so please you try away.

rosé

GLS /BTL

whistler dry as a bone 2024
barossa valley, australia
mataro, grenache
raspberry, rosewater, guava

98 / 450

claus preisinger ordinaire 2021
burgenland, austria
welschriesling, pinot noir
pomegranate, cranberry, rhubarb

x / 580

skin contact

family roux hespérides 2022
saint-aubin, bourgogne, france
aligoté
white flowers, green almond, beeswax

118 / 480

cos zibibbo in pithos 2024
sicily, italy
zibibbo
lychee, apricot, orange zest

x / 520

marco tinessa ognostro bianco 2022
campania, italy
fiano
candied orange, camomile, nectarine x / 580

jean glinglinger gewürztraminer steiner 2018
alsace, france
gewürztraminer
rose, elderflower, lemon x / 580

white

grove mill sauvignon blanc 2025
marlborough, new zealand
sauvignon blanc
gooseberry, grapefruit, lime peel 88 / 420

doom juice weiss 2025
riverland, south australia
colombard, vermentino, gewürztraminer
apple, passionfruit, lemon x / 480

takizawa winery kerner 2024
hokkaido, japan
kerner
yuzu, muscat, yeast x / 630

jankara vermentino di gallura superiore 2024
sardegna, italy
vermentino
white peach, kumquat, stone fruits 108 / 480

thorne and daughters rocking horse cape white 2023
western cape, south africa
rousanne blend
lavender, clementine, nougat x / 580

josmeyer mise du preintemps 2023
alsace, france
pinot blanc
melon, apple, lemon curd 128 / 520

raventós i blanc vinya del coll 2021
penedès, spain
xarel-lo
citrus, white peach, sea spray x / 720

longavi cementerio 2020
maule valley, chile
chenin blanc
apricot, custard, smoke x / 520

nagomi vineyard tato 2024
nagano, japan
chardonnay
pear, honey, almonds x / 580

newton johnson family vineyards 2024
upper hemel-en-aarde, south africa
chardonnay
white peach, gunflint, biscuit x / 630

franz haas vigne delle dolomi igt manna 2024
trentino alto-aidge, italy
riesling blend
mango, lychee, rose x / 580

red

foradori vigne delle dolomi lezèr 2025
trentino alto-adege, italy
teroldego
strawberry, pomegranate, black pepper 98 / 450

de la grosse pierre morgon “douby” 2022
beaujolais, france
gamay
cranberry, violet, kola nut x / 520

riley harrison vento do mar 2022
mclaren vale, australia
cabernet franc
blackcurrant, green peppercorn, eucalyptus x / 580

thorne and daughters copper pot 2023
western cape, south africa
pinot noir
violet, red berries, cedar 128 / 520

strekov 1075 fred #12
kürt, slovakia
alibernet, dunaj, portugieser
cherries, wild honey, baked apple x / 520

les eminades la pierre plantée 2022
saint-chinian, languedoc, france
syrah, grenache, cinsault
dark cherries, sun-dried herbs, liquorice 108 / 480

julie karsten ikigai 2023
côtes du Rhône, france
grenache
raspberry, strawberry compote, garrigue x / 650

le clos galerne l'anjou noir 2020
loire valley, france
cabernet franc, cabernet sauvignon
raspberry, plum, dark chocolate x / 630

henri chauvet de cendre et d'âme 2023
côtes d'auvergne, france
gamay, pinot noir
red fruits, mulberry, smoke x / 930

m8 margherita otto langhe 2023
piemonte, italy
nebbiolo
tart cherry, cinnamon, red cherry x / 580

domaine martine rouchier luc saint-joseph aop 2021
saint-joseph, Rhône valley, france
syrah
blackberry, game, oak x / 930

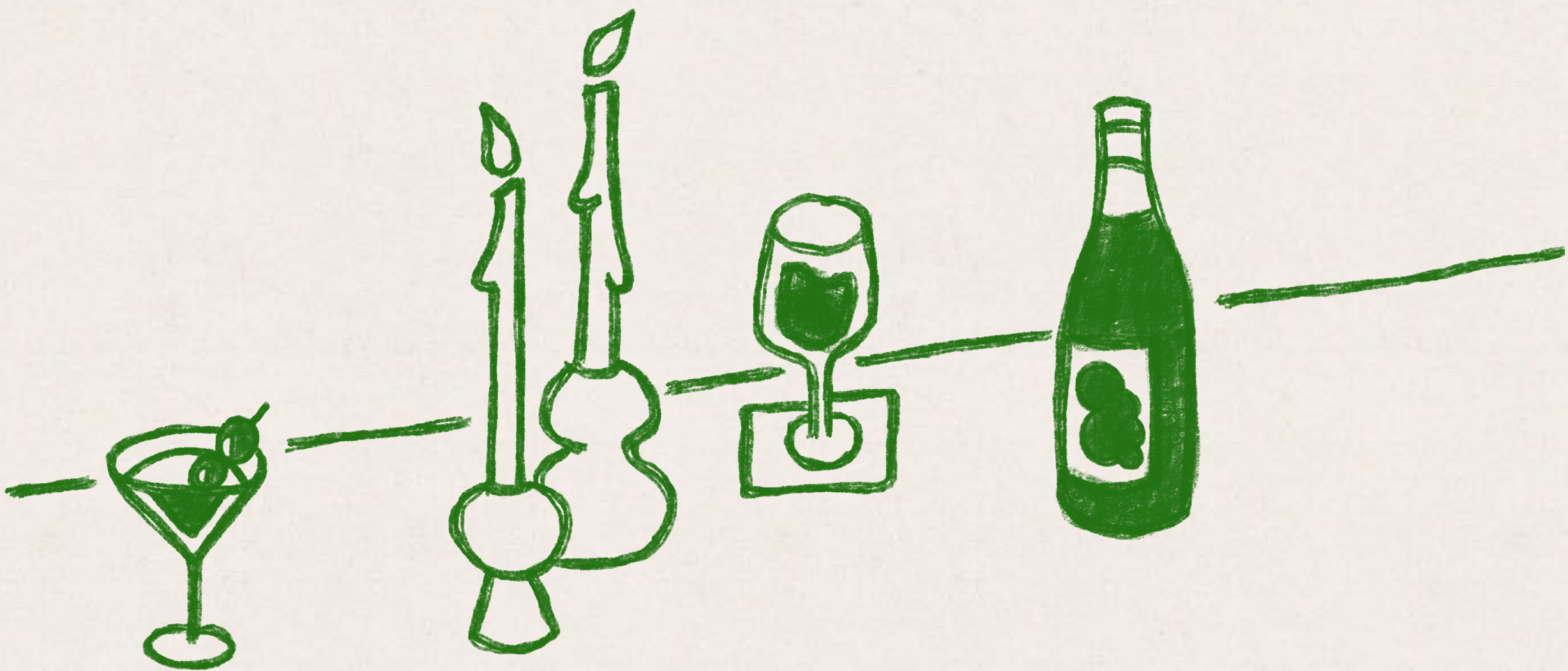
hans herzog estate montepulciano 2018

marlborough, new zealand

montepulciano

red currants, black cherries, sage

x / 780



gróa

story

food

dairy-free bakery

drinks

wines

cocktails and beers

21-22

kids

beers / 330ml

big wave bay ipa	68
dragon's back pale ale	68

cocktails

gróa highball <i>whisky, yuzu, lemon</i>	88
umecha spritz <i>aperol, plum wine, hojicha, citrus</i>	88
shiso mojito <i>white rum, shiso, apple</i>	108
fruits of grape <i>gin, kyoho grape, sauvignon blanc, verjus</i>	148
southside spice <i>chilli tequila, yuzu, cointreau, shichimi</i>	128
hibana's heat <i>tequila, lacto fermented mango, blood orange, grapefruit, yuzu koji</i>	128
bloody j 2.0 <i>bonito vodka, tomato consomme, ferm chilli, horseradish</i>	108

black olive sour 108

black olive whisky, blood orange, black pepper

kyoto fragrance 128

sake, gin, earl grey, honey pear

lychee martini

vodka, fermented lychee, pickled lychee, 128

house umeshu

gróa

story

food

dairy-free bakery

drinks

wines

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kids

24-25

doughs

plain flatbread (V)	42
tomato, basil, pecorino (VG)	78
herb baked chicken, melon jam, feta	88

plates

aglio e olio tagliolini, cherry tomatoes, basil (V)	98
teriyaki chicken / mushroom grain bowl, seasonal greens	108
chicken basil pesto tagliatelle	98
pork bolognese tagliatelle, pecorino, basil	108
(gluten-free pastas available)	

sweets

tahini miso banana bread (VG)	42
yuzu white chocolate cookie (V)	52
shokupan french toast, sea salt chocolate, seasonal fruits (VG)	128

drinks

babyccino (V)	42
cacao choco (V)	42
coconut lemonade	42
grapefruit apple fizz	42
juices - apple / watermelon / orange	35